

YMCA Rules of Play for Indoor Soccer – 2012

1. All FIFA laws are in force unless otherwise noted. To deal with problems that may come up, the Sports Director or gym supervisor, will review the issue and, if needed, amend any rule applicable to remedy the problem.
2. All ages except U 18/19 will play 5 on a side (1-goalie, 4-on court). Ages U18/19 will play 4 v 4 with no goalie.
3. All games are 24 minutes (2-12 minute halves). Halftime is to switch ends only, no conferences, no substitutions. Ball is size 3 futsal ball for all ages.
4. Substitutions are “on the fly”. Substitution area is the area in front of your bench. The player must enter and leave from here. Players may cross touchline simultaneously, no sooner. Any interference will result in an IFK.
5. All kickoffs and goal kicks will be goalie throw-in (hand release, no punts). During kickoffs, both teams will begin on their own side of the court. U18/19 yr old will have normal kick off from center of court after coin toss has been conducted to see which team gets possession of ball. U18/19 rules on kick off, ball can go backward or forward.
6. On all free kicks all opposing players will be 10’ from the ball and remain 10’ from ball until it is kicked. Jumping inside the 10’ halo will result in an IFK from the spot of infringement (advantage for attacking team).
7. All remedy (foul) kicks, except penalty kicks, are indirect. All misconduct remedy kicks (fouls) will be cumulative. On the 6th and all subsequent kicks (fouls), a penalty (for an attempt at goal) will be awarded to the offended team, no matter where the foul occurs on the floor. Penalty kicks will be taken from opposite 3 point arc one shot only with no goalie. If the kick does not go in, play is dead and a goalie release will be the restart.
8. All kicks and throw-ins will be taken within 6 seconds of possession or referees signal. Remedy: IFK
9. All goal clearances will be throw-ins from the goalie and will be subject to the 6-second rule. Throws may be rolled. A throw-in may not enter the opposing team’s penalty area (inside 3-point arc) on the fly. Drop

kicks or punt kicks are not allowed from goalies. Remedy: IFK. U18/19 yr old a player will restart game with kick in from area marked outside the goalie box.

10. A goal cannot be scored from a goal clearance (by goalie) or kick-in. A goal cannot be scored from a kick-off. A goal can be scored from a corner kick.
11. The penalty and goal area is the area inside the 3-point arc. The penalty kick spot is the top of the key. During a penalty kick all players are out of the penalty area and behind the kicker. Penalty kicks again will be taken from opposite 3 point arc with no goalie. If the kick does not go in, play is dead and a goalie release will be the restart.
12. Absolutely no side tackles. Stay on your feet. Any side tackle is an indirect free kick. A penalty kick will be awarded if the foul took place inside the goal area (3 point arc).
13. Yellow card misconduct – one minute penalty (no substitution allowed) team plays down 1 minute regardless if opposing team scores. Red card misconduct- player ejected from game (no substitution – team plays down. Player could be suspended from next game depending on the severity of the foul (referee/director discretion). If red card is from result of hitting ceiling/scoreboard/lights, sprinklers etc, player is given red card, removed from game(team plays down that half) and may possibly return second half of game depending on if unintentional and the severity of the kick (referee discretion). Receipt of a second red card in a weekend is ejection from gym and possibly more weekends, depending on severity. Coaches or parents ejected from games must leave the building. Failure to do so will result in suspension of game. Four cumulative red cards will result in ejection for the season.
14. Spectator area is in stands. No one is allowed on actual floor but players and 2 coaches. NO EXCEPTIONS.
15. No off sides.
16. **ALL KIDS MUST HAVE EQUAL PLAY TIME AND THIS WILL BE MONITORED! Competitive divisions is at coach discretion but it is highly recommended you play players**

as equal time as possible. We are here to develop skills and not destroy the opposing team.

17. Hand ball violation results in an indirect free kick, but must be outside the 3 point arc. If hand ball inside the goal area (3 point arc), a penalty kick will be taken from opposite 3 point arc one shot only with no goalie. If the penalty kick does not go in, play is dead and a goalie release will be the restart.
18. We are going to try off the wall play; however there are some locations where walls are not present. If the ball goes into those areas, a kick in will be awarded to team that didn't kick out of bounds. Behind the goal area is padded and can be played off the wall. (Subject to change)
19. There will be no goal kicks. A goalie throw-in (hand release) will be taken from inside the goal area (3 point arc). U18/19 yr old is outside the goal area.
20. Any ball hitting anything above the floor (padded areas) or ceiling will be deemed out of bounds and either a goalie release or kick in from closest point on the sideline or end line, for the team opposite the one that last touched the ball, will be taken to remedy the situation.
21. Any player (boy or girl) may only score four goals per game.
22. U18/19 – no player is allowed inside the designated goal area. You can defend in front of goal as long as you are not in goal area. If defending player touches ball inside the goal area, it will be deemed an automatic goal.

We are here to enjoy watching some good soccer. We wish everyone good luck and lots of fun...

Gymnasium Rules – nothing but water will be allowed on gym floor. Please please inform your players of this rule.

When it is time to play, have your team ready. There will be about a 1 minute warm up period providing the games are running on schedule.

