



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Adult Sports

## 2012 Spring Adult Volleyball League

Captain Name: \_\_\_\_\_ Team Name: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Player Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### AGREEMENT

I hereby certify that I am 18 years of age or older, in normal health, and capable of safe participation in the sports program. I acknowledge that the Donelson-Hermitage YMCA does not provide health or accident insurance for its programs. I assume all risk(s) and hazards incidental to the conduct of this program. I hereby authorize the YMCA to obtain medical treatment for me.

Player Signature \_\_\_\_\_ Date \_\_\_\_\_

### CODE OF CONDUCT

To successfully accomplish the mission and goals of YMCA Adult Sports, the Y only encourages behavior which exhibits good sportsmanship and prohibits behavior which is negative, disruptive, and not in keeping with the spirit of a program designed for the growth and enjoyment of everyone involved. The Code of Conduct's primary purpose is not to be punitive, but to clearly communicate in advance that negative behavior has consequences. The YMCA strives to maintain an atmosphere in which competition, fair play, and gracious winning or losing exist under the umbrella of the YMCA's Christian heritage and mission.

1. THIS IS A ZERO-TOLERANCE LEAGUE. If at any point behavior, attitude, commitment, or sportsmanship is questioned, the League Director has the ability to address situations as he/she deems fit. This applies to players, referees, spectators, and supervisors.
2. Be careful what you say. Foul language is not tolerated and will be addressed.
3. No player shall at any time lay a hand upon, shove, strike, or even threaten an official or fellow player. At any point such action occurs, the player in question will immediately be suspended from play for the rest of the season, including post season. The roster position will not be filled.
4. I understand that this is a YMCA league, and by participating in the league I am expected to act with the mission in mind. Please act and adhere to the YMCA's principle values of caring, honesty, respect, and responsibility.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_